

# Our Minds Our Future - Scotland

The aim of the *Our Mind, Our Future* project is to answer our research question:

**What do we want community based mental health services for young people to look like in Scotland?**

A literature review was carried out by the delivery group, looking at eight existing reports to find out what recommendations already relate to our themes:

- [Going to Be - All Right?](#) - Completed during SAMH's 2018 'Going to Be' campaign, this report considers the nature and extent of mental health for Scottish young people aged 12-18, and support provision.
- [Scottish Youth Parliament - Our Generations Epidemic](#) - This 2016 report outlines the findings of MSYPs consultation with young people across Scotland, aimed at capturing their experience and awareness of mental health services and information.
- [Rejected Referrals Children and Adolescent Mental Health Services](#) - SAMH & NHS ISD (Information Services Division) were commissioned by the Scottish Government to complete this 2018 Audit.
- [Youth Commission on Mental Health Services Report](#) - The Youth Commission of 23 young people, aged 15 - 25 years worked together for 16 months, with supported by SAMH, Young Scot and the Scottish Government to produce this report in 2019. 15 recommendations on Youth MH Services
- [Scottish Government Mental Health Strategy 2017 - 27](#) - not just CYP but perinatal and adult also.
- [Children and Young People's Mental Health Audit Scotland 2018](#) - report by Audit Scotland, which is a government body that ensures organisations spending public money are doing so properly and effectively.
- [Children and Young People's Mental Health Taskforce Recommendations](#)
- **Community Mental Health and Wellbeing Supports And Services Framework** (not currently available online)